

Track events – 3000 / 3200 / 2 mile – start / finish crew

Start crew receives overall start register. Lap counters get sub-heat sheets: sub-heats should be set up so there will be minimal lapping within a sub-heat.

Starter and three timers at start line.

Instructions: the event is seven and a half laps, cut to the rail when it is safe.

Stay to the inside unless overtaking. Finish in the outside lanes. Two commands: set and the gun (horn, whistle). If there is a fall in the first turn, a second blast will be the recall signal.

[Note: 3000 is seven and a half laps, 3200 is eight laps, 2 mile is eight laps plus 18.688 meters.]

At the finish line are:

caller

lap counters – one for each sub-heat

primary timer

second timer

place card hand out

place card recorder

select time bib recorder

One of the timers should read out finish times, and there should be at least a third watch running.

If the crew is stripped, combine place card hand out and recorder – there will be at most 30 in a heat – or take care to manage a chute and omit place cards. The first lap counter to complete can take role of select time bib recorder.

Note: USATF rule 165 – timing – specifies at least TWO and up to THREE watches all equally official, times taken to next greater tenth of a second. The second fastest watch is the time on the results.

Times may be shown to greater precision to illustrate placing. If there are additional timers beyond three, they should be predesignated for priority in case there is a failure of primary three.

USATF rule 131 describes lap scorer role. Level of strict compliance depends on level of competition.