

Starter: please read general distance event starter instructions prior to the event. Show up at least one hour prior to run start. 9 AM.

Thank you

- IAS and named IAS representative
- Friends and named Friends representative
- Photography
- Event crew (including high school team)
- Someone else?

Explain course

The course is marked with chalk on the ground and flagging tape. There are marshals at key points.

- start line is on Pipeline trail just past the meetinghouse
- it's two loops on principal trails
 - Pipeline trail,
 - down to the river on far trail,
 - up from the river on middle trail
 - return on trolley track trail
- second loop passes by this start area
- finish line is same as start line.

Finish procedure: Today's event is chip timed. Please run through the finish. Keep walking until you reach the trailhead at the parking lot.

Caution: This is a cross-country course. There ground is uneven, there are ruts, rocks, and roots, so be careful out there.

Please, no headphones, pets, or strollers. This is for the safety of all involved.

PAC Acknowledgment:

- This event is produced by Princeton Athletic Club.
- It is a volunteer effort, and we invite you to join our club and help at a future event.
- The next event is ...

And of course ... have fun!

THE START. There are two commands, "runners set" and then the horn.

Note: if horn should fail, have a whistle ready, reset, and instruct that the whistle will be used.